

## Asia Pacific Clinical Nutrition Society Lifetime Achievement Award

### Mark L. Wahlqvist

FRACP, FAFPHM, FAIFST, FTSE

#### EDUCATION

MD, Uppsala University, Sweden, 1972

MD, University of Adelaide, Australia, 1970

MB, BS, University of Adelaide, Australia, 1966

BMedSc, University of Adelaide, Australia, 1962



#### PROFESSIONAL APPOINTMENTS

- **Emeritus Professor , Monash University, Melbourne, Australia**
- Visiting professor, Center for Health Policy Research and Development, National Health Research Institutes (2007-present)
- Visiting Professor in Food and Nutritional Science, Zhejiang University, Zhejiang Province, Hangzhou, China (2005-present)
- Honorary/Adjunct Professor, Epidemiology & Preventive Medicine, Faculty of Medicine, Monash University (2003-present)
- Honorary Professor, Health & Behavioural Sciences, Deakin University (2002-2005)
- Chair, FAO (Food & Agriculture Organization of UN) Centre of Excellence, Monash University (1999-2006)
- Director, Asia Pacific Health and Nutrition Centre, Monash Asia Institute, Monash University, Melbourne, Australia (1999-present)
- Associate Dean, International Health and Development, Faculty of Medicine, Monash University (1999-2002)
- Visiting Professor, Department of Medicine, Faculty of Medicine, University of Indonesia (1994-1996)
- Professorial Associate, Deakin Institute of Human Nutrition (1990-2001)
- Head, Department of Medicine, Monash University (1987-1999)
- Chairman, Division of Medicine, Monash Medical Centre Hospital (1987-1994)
- Professor of Medicine, Monash University, Melbourne (1987-2002)
- Director, Deakin Institute of Human Nutrition (1985-1987)
- Honorary Senior Associate, National Research Institute of Gerontology & Geriatric Medicine, Melbourne (1985-1986)
- Director, Clinical Nutrition & Metabolism Unit, Prince Henry's Hospital and Monash Medical Centre (1982-1998)
- Chairman, Dietitians Board of Victoria (1982-1986)
- Consultant Nutritionist, ADAB, Department of Foreign Affairs, Australian Government

(1980-1982)

- Associate, Department of Medicine, Monash University, Melbourne (1979-1986)
- Clinical Teacher, Faculty of Medicine, Monash University (1979-1986)
- Honorary Consulting Physician, Geelong Hospital, Geelong, Victoria (1979-1987)
- Consultant Physician (Endocrine and Diabetes), Prince Henry's Hospital and Monash Medical Centre, Melbourne (1978-1999)
- Foundation Professor of Human Nutrition, Department of Human Nutrition, Division of Biological and Health Sciences, Deakin University, Geelong, Victoria, Australia (1978-1987)
- Physician, Clinical Nutrition & Metabolism Unit, Prince Henry's Hospital and Monash Medical Centre, Melbourne (1976-1981)
- Senior Lecturer, Department of Medicine, Monash University, Prince Henry's Hospital, Melbourne (1976-1977)
- Honorary Fellow and Registrar, Department of Clinical Science, Australian National University, Canberra Hospital (1973-1975)
- Visiting Fellow, Department of Clinical Science, John Curtin School of Medical Research, Australian National University (1972)
- Research Fellow, Department of Geriatrics, University of Uppsala, Sweden (1971-1972)
- Research Fellow, King Gustaf Research Institute, Karolinska Hospital, Stockholm, Sweden (1970-1971)
- Research Fellow, National Heart Foundation of Australia, Department of Physiology, University of Melbourne (1968-1970)
- Resident Medical Officer, Royal Adelaide Hospital (1966)

## **RESEARCH INTERESTS**

- Dr. Wahlqvist's current research interests reflect an extensive multidisciplinary career ranging from bench, bed and field to multicentre clinical and longitudinal population studies. He remains involved in cross-cultural medicine and health, with particular reference to community development and health advancement. He has been on the executive of the ICSU (International Science Council) Sciences for Health and Well-being initiative. He is on the advisory Board of the Harvest Plus program of IFPRI (International Food Policy Research Institute) to improve the nutritional value of staple crops and on the Nutrition Advisory Panel of WHO.
- In 2007, he launched the 2nd report of the WCRF and AICR on Diet, Activity and Cancer in Beijing and Hong Kong, along with Chen Jun-Shi and Jim Mann.
- At NHRI he works on Healthy Ageing policy, and on Food Security taking advantage of the extensive data bases and expertise available in Taiwan to understand these issues in the interest of Chinese-speaking and Indigenous peoples.

## **RESEARCH ACTIVITIES & ACCOMPLISHMENTS**

- As an alumnus of Adelaide and Uppsala Universities in Australia and Sweden, respectively, he has had a combined career in Internal Medicine, Nutrition Science and

Public Health with Chairs in these fields; this has involved work in clinical, community, academic, governmental and commercial settings. He has held various Australian and International positions in Science, Technology, Health and Public Policy, including Food safety and regulation.

- International positions in Science, Technology, Health and Public Policy, including Food safety and regulation. As President of the International Union of Nutritional Science, he developed a focus on the critical nutrition-health problems of Africa, whilst maintaining and evolving his life-long interests in Asia and Chinese-speaking peoples. His studies have ranged over food patterns, metabolic disorders, the nature and determinants of disease, and ageing. He has several hundred peer-reviewed publications, a score of books and is the Founding Editor-in-Chief of the Asia Pacific Journal of Clinical Nutrition.

His research has led to paradigm shifts in several areas:

- Arterial biology at least as important as blood components in atherogenesis (1962)
- Regulation of human myocardial fuel consumption and ischaemic heart disease (1972)
- Nutritional factors beyond carbohydrate in diabetes (1978)
- Foods and arterial health (food variety and fish) (1989)
- Food and the menopause (1990)
- Food cultural indices (ageing and survival) (1995)
- Nutrient synergy and bowel tumours (1995)
- Phytoestrogens and bone health (1998)
- Skin and ageing (2000)
- Lactogogic plant foods (2004)
- Wellness on-line (2005)
- Prevention and management of neurodegenerative disorders.

## **ORGANISATIONAL DEVELOPMENT**

- Asian Australian Family Association (AAFA) -co-founder and first President (1968)
- International Society for Heart Research (ISHR) Australasian Section Founding President (1977)
- Australian Nutrition Foundation (ANF) Founding Executive, based in Melbourne (circa 1978)
- Asia Pacific Clinical Nutrition Society (APCNS) Founding Executive with Akira Okada and Vichai Tanpaichit
- Food in Health Security (FIHS) Network for the Asia Pacific Region (2009)

## **HONORS & AWARDS**

- Life member Nutrition Australia (Australian Nutrition Foundation)
- EV McCollum International Lecture, American Society for Nutritional Sciences, 21st September 2005
- Fellow Nutrition Society of Australia, 2004

- Life Honorary Member, British Nutrition Society, 2003
- Officer of the Order of Australia (AO), Australia Day, 26th January 2000
- Australian Institute of Food Science & Technology- Food Industry Innovation Award, 1998
- Charlotta Medal, Emigrants' Research Institute, Sweden, 1994, Visiting Professor

It is for Mark L Wahlqvist's outstanding contribution in research, education and leadership of nutritional science in the region, Asia Pacific Clinical Nutrition Society is privileged that Mark L Wahlqvist is the recipient of the Lifetime Achievement Award.

Citation by

Duo Li

Chair of APCNS Award Nomination Committee

Co-Editor of APJCN

# Obituary for Professor Akira Okada (1938-2007), Co-founding Editor of APJCN



Akira Okada was a founding Editor with Vichai Tanpaichitr and Mark Wahlqvist of the APJCN (Asia Pacific Journal of Clinical Nutrition) in 1992. He was also the first President of the Asia Pacific Clinical Nutrition Society. He played a vital role in various nutrition societies, including the Japanese and Chinese Societies for Parenteral and Enteral Nutrition and on several editorial boards other than APJCN. He was a key figure in the development of Clinical Nutrition in the Asia Pacific Region, especially North-East Asia. In due course, he was bestowed the Society's Annual Award for contributions to human health in the Asia Pacific region through the application of nutrition science.<sup>1</sup>

Dr. Okada was born in Hyogo, Japan on 29 November 1938 and took his medical doctor's degree at Osaka University Medical School. In 1968, He obtained his PhD with work on Hirschsprung's Disease. Following this, he went to the University of Minnesota and spent 2 years as a surgical research fellow from 1969 to 1971, with opportunities to learn from the pioneering work of Dudrick and Wilmore on central venous nutrition. He then returned to the Surgical Department of Osaka University where he became Professor and Chair of Paediatric Surgery.

He made great contributions to the science of nutrition support and nutrient requirements. Although Ananda Prasad was the first to describe zinc deficiency in humans in 1961, Akira Okada was the first to report it in the course of clinical nutrition support, in 1975, at the International Nutrition Congress in Kyoto and with a Japanese publication,<sup>2</sup> followed by a report in English in 1976.<sup>3</sup>

Sadly, he died, aged 68 years of metastatic thyroid cancer on August 19th 2007 following several months of illness. After he retired from the Medical Directorship of Osaka University Hospital and the Chair of Paediatric Surgery in 2002, he became Director of Maternal and Child Welfare for Osaka. About 18 months before his death, he returned to work at the Okada Hospital, founded by his medical father, and it was where he died.

He loved music, especially Mozart, and was a good pianist. He was a gracious chaperone for many of his colleagues, their families and his friends into Japanese culture.

He is survived by his wife Utako, his son, Minoru (in Japan), his daughter, Yumiko, his grandson, Sohichiro, and grand daughter, Haruka. (in the USA).

## References:

1. Akira Okada: APCNS Award for 2002 APJCN 2000;9(2):61.
2. Okada A, Takagi Y, Itakura T et al. Zinc deficiency during intravenous hyperalimentation. *Igakunoayumi (Medical Progress)* 1975;92:436-42. (in Japanese)
3. Okada A, Takagi Y, Itakura T et al. Skin lesions during intravenous hyperalimentation - zinc deficiency. *Surgery* 1976;80:629.

**Mark L Wahlqvist**

## Obituary

### Professor Vichai Tanphaichitr,

MD, PhD, FACP, FACN, FRACP

1940–2000



Professor Vichai Tanphaichitr was one of the outstanding nutrition scientists, physicians and clinical nutritionists of the latter part of the 20th century. A medical graduate of Mahidol University in Bangkok, he pursued graduate studies at home and in the United States, obtaining his PhD from Vanderbilt University and undertook pioneering studies on carnitine and fatty acid nutrition and metabolism, and on thiamin nutrition. Once he returned to Thailand, he moved between basic and applied nutrition science, public health nutrition and clinical nutrition with great alacrity and made his mark on each of them. He was Professor and Chief of Biochemistry and Medicine, Director of the Institute of Medical Research at Mahidol University, Director of Clinical Nutrition at Ramathibodi Hospital and Editor-in-Chief of the Thai Annals of Internal Medicine. He developed extensive personal and professional linkages throughout the Asia Pacific region, which were reflected in his leadership roles – including the Presidency of the Asia Pacific Clinical Nutrition Society (APCNS) (1996–98) and co-editor of the Asia Pacific Journal of Clinical Nutrition (APJCN) (1992–2000).

He was a recipient of the prestigious Bristol–Myers Nutrition Award. On 27 September 2000, he received the National Outstanding Researcher Award in Medical Science 2000 by the National Research Council of Thailand. The highest decoration he received was as the Knight Grand Cordon. There are many former students of Vichai Tanphaichitr who now occupy leadership roles in their own right – a testimony to his effective role as a teacher and mentor.

His untimely death on the 29th November 2000, from naso-pharyngeal carcinoma is a salutary reminder of how much important work remains to be done on the nutritional determinants of diseases in the Asia Pacific region. He will be remembered with great affection by his many colleagues, friends and students.

# Asia Pacific Clinical Nutrition Society

## Award for 2007

### Professor Duo Li

MB (Lanzhou), MSc (Tasmania), PhD (RMIT)



Duo Li is a Professor of Nutrition and Food Safety in the Department of Food Science and Nutrition, College of Biosystem Engineering and Food Science at Zhejiang University in Hangzhou, China. He is the current Director of the Nutrition and Food Safety Center of the Asia Pacific Clinical Nutrition Society, and is a Deputy Director of the Food Science Institute, Zhejiang University. Duo Li was born on 2<sup>nd</sup> March 1958 in Tianshui, Gansu Province, China, but has since become an Australian citizen, and also a China permanent resident. After he gained a Bachelor's Degree in Medicine (Lanzhou University, China) in 1982, he taught pharmacology in Wudu Health School, Gansu Province, and Beijing Medical College for Medical professionals, China. He was a Visiting Researcher at the School of Pharmacy, University of Tasmania from 1989-1990. He completed both his MSc (University of Tasmania, Hobart) and PhD in Nutrition and Food Science (RMIT University, Melbourne) in Australia. He was also a research fellow at Deakin University, and a senior research fellow at RMIT University in Melbourne.

He is a co-editor of the Asia Pacific Journal of Clinical Nutrition, and has also served on numerous editorial boards including the Mahasarakham Journal of Science and Technology, Health Review, China Healthcare & Nutrition, and China Food & Nutrition. He is a member of the, Asia Pacific Clinical Nutrition Society, the Nutrition Society of Australia, the Nutrition Society of China, the Chinese Institute of Food Science and Technology, and the American Oil Chemists Society.

He has served on numerous government boards. He has been a fellow of China National Food and Nutrition Consultation Committee, a Standing committee member of the China Food Safety Consultation Committee, and a member of the Zhejiang Food Safety Experts Consultation Committee. He is currently the Director of the Ethics Committee and a member of the Scientific Board, College of Biosystem Engineering and Food Science, Zhejiang University.

Duo Li discoveries have been largely in the field of lipid nutrition and metabolism. Amongst them he has found that (1) arachidonic acid is present in animal lipocytes, (2) increased dietary intake of clupanodonic acid (22:5n-3) results in reduced platelet volume, (3) vegetarians may have increased platelet activity caused by low dietary n-3 polyunsaturated fatty acid intake, (4) long-term n-3 fatty acid deficiency leads to an increased plasma homocysteine level, (5) metabolism of arachidonic acid can be suppressed by dietary animal fat intake, (6) high meat intake will lead to an increased tissue stearic level, later associated with an increased plasma coagulation factor VII activity. He first reported that (1) 16:3n-3 was found in green vegetables, (2) alpha-linolenic acid and linoleic acid have equivalent effects in reducing blood cholesterol, (3) stearic acid from plants and animals have different effect on blood and lipoprotein lipids, which may be caused by the arrangement of stearic acid and other fatty acids in plants and animal fats among the three available etherification sites present on the backbone of TAG molecules and on other components which are present in fats.

Duo received an Award for the Promotion of Student Nutrition and Health Tasks in 2004 in China; Australian Postgraduate Awards in 1995, 1996 and 1997; a Zhejiang Science and Technology System award from the Science and Technology Association, Zhejiang Province, China; 1<sup>st</sup> Prize in Natural Science for the paper: "Relationship between platelet phospholipid fatty acid and mean platelet volume in healthy men", Academic Committee of Natural Science, Zhejiang Province, China.

He has organized or chaired various international scientific conferences such as the International Symposium on the Evolution of Food Safety and Nutrition, in October 2002, in Hangzhou, China; the Joint ZAST/IUNS/WHO workshop on "Current Patterns and Emerging Challenges of Nutrition cuisine and health", in October 2003, Hangzhou, China; and the Joint International Clinical Nutrition Conference of the International Union of Nutritional Science (8<sup>th</sup> ISCN-IUNS) and the Asia Pacific Clinical Nutrition Society (5<sup>th</sup> APCNS), in Oct 2006, Hangzhou, China.

Duo has published more than 150 scientific papers and several books or book chapters. His supervision of many PhD and Masters Students has increased the capacity of young nutrition investigators in Asia. His research group has integrated research themes on nutrition and food safety in some five areas. The first is food bioactivity (anti-inflammation, anti-diabetes, anti-hypertension, anti-cancer, hypo-blood lipids etc) using whole foods, food ingredients, natural products, foods for health and functional foods, through *in vitro studies*, animal models and human clinical trials. The secondly is food safety evaluation, with an emphasis on the long term safety of foods. Third, the relationship between non-communicable diseases and habitual dietary intake. The fourth area is the evaluation of novel food and potential natural nutrient resources, through compositional and physiological studies. Finally, his work examines how nutrients, food ingredients and natural products influence the expression of select genes.

His commitment to nutrition scholarship and capacity building in the Asia Pacific region make him a most worthy recipient of the Asia Pacific Clinical Nutrition Society Award in 2007.

**Widjaja Lukito MD PhD**  
Immediate Past President APCNS

# Asia Pacific Clinical Nutrition Society

## Award for 2008

### Dr Widjaja Lukito

MD (Airlangga), PhD (Monash)



Widjaja Lukito was born in Surabaya, Indonesia on August 29th 1958. He undertook his medical training at Airlangga University in Surabaya and his PhD work in nutritional immunology at Monash University, Melbourne, Australia in conjunction with internal medicine specialist training in Clinical Nutrition and Metabolism at the Monash Medical Centre, Melbourne. He became a Clinical Associate Professor of Medicine at Monash University, a role he continued on his return to Indonesia to facilitate clinical academic and public health co-operation between Indonesia and Australia. He joined the SEAMEO-TROPMED (South East Asian Ministries of Education Tropical Medicine) Regional Centre for Community Nutrition, based at the University of Indonesia and ultimately became the director of the Center. At the same time he has taught in the Clinical Nutrition Specialty of the Postgraduate Program in Nutrition, at the Faculty of Medicine, University of Indonesia. This combined professional approach and responsibility has enabled Widjaja Lukito to build Clinical and Public Health Nutrition not only in Indonesia, but in the region.

He has fostered a vigorous research program amongst young South-East Asians who have participated in the various graduate programs co-ordinated through the regional community nutrition program and this capacity-building role will be enduring. His research interests have spanned those of childhood and the aged, the spectrum of nutritionally-related diseases referred to as the Double Burden of Nutrition, the community and the hospitalized, in nutrition assessment and body composition, of food systems and food choice.

He has contributed to various organizations which have benefited from his leadership. In particular, he was foundation Treasurer of the Asia Pacific Clinical Nutrition Society in 1993, then Vice-President and served as its President from 2000 to 2004. He chaired the IUNS (International Union of Nutritional Sciences) Task Force on "Nutrition and Resistance to Infectious Disease" and was a member of its Nutrition and Ageing Committee. He has been a member of the UNU (United Nations University)/IUNS Task Force on Capacity-Building in Nutrition in Asia. He is a Scientific Advisory Panel member of the International Life Science Institute in South East Asia, is currently President of the Indonesian Clinical Nutrition Society and a committee member of the Indonesian Society of Atherosclerosis and Vascular Diseases. He is also a member of various Expert Panels of the Indonesian Medical Nutrition Society.

He is on several Editorial Advisory Boards, the Southeast Asian Journal of Tropical Medicine and Public Health, the Malaysian Nutrition Journal and the Asia Pacific Journal of Clinical Nutrition.

He has had a long-standing interest and involvement in critical health and nutrition situations through World Vision. Since 2006, he has been a Special Advisor to the Indonesian Minister of Health on Health Policy. In his current position, he has taken an increasing role in Health Policy, especially in relation to Avian Influenza and Health and Development. He is a member of the Expert Group on Global Health and Foreign Policy (an initiative of the Foreign Ministers of Brazil, France, Indonesia, Norway, Senegal, South Africa and Thailand).

The annual Asia Pacific Clinical Nutrition Society Award is made to persons who have made exceptional contributions to the health, well-being and nutritional status of peoples in the Asia Pacific Region. Dr Lukito meets and represents these criteria admirably.

Citation By  
Mark L Wahlqvist

# Asia Pacific Clinical Nutrition Society

## Award for 2009

### Dr Hee Young Paik

BS (Mississippi UW), MS (UC Berkeley), ScD (Harvard)



**Hee Young Paik, ScD** is a Professor in the Department of Food and Nutrition, College of Human Ecology, at the Seoul National University in Seoul, Korea. Dr Paik was born on September 30, 1950 in Seoul, Korea. She received the BS in food and nutrition from Mississippi University for Women in Columbus, Mississippi, the MS in food science from the University of California at Berkeley, and her ScD in nutrition from the Harvard School of Public Health in Boston, Massachusetts, U.S.A. Dr Paik's research interests have focused on dietary intake and the health and development of the Korean population. She developed computer software programs and questionnaires in the 1980s, which were utilized in large-scale surveys in Korea, including the first community-based health and nutrition survey which took place from 1993-1995. She continues to collect and analyze dietary data to understand the dietary and nutritional status of Koreans and related trends in Korea. Dr Paik also has a strong interest in the effects of long-term diet on bioavailability and metabolism of nutrients. She has investigated the effects of soy protein, phytate, high salt, and isoflavone—all of which are specific to the traditional Korean diet—on protein and mineral metabolism. She recently expanded her research interests, with studies of the dietary intake and nutritional status of Korean descendants living in China and the U.S., and in the cultural as well as health implications of changing dietary patterns which occur due to acculturation. Dr Paik was the President of the Korean Nutrition Society in 2005, and the Chair of the Committee for Dietary Reference Intakes of Koreans, 2002-2005, Chair of the Dietary Guidelines Committee in 2007 and 2009. She has served as President of the Korean Home Economics Association in 2003, and on various organizing committees of international meetings in nutrition and home economics held in Korea. She has also served on the editorial boards of the *Korean Journal of Nutrition* and the *Korean Journal of Home Economics*, and is currently on the editorial boards of *Nutrition Today*, *Asia Pacific Journal of Clinical Nutrition* and *Annals of Nutrition and Metabolism*. Dr Paik is a four-time recipient of the Excellence in Research award granted by the Korean Nutrition Society, and received the Outstanding Research Award of the Korea Federation of Science and Technology Association in April, 2005. She was selected for the Humboldt Fellowship from 1990-1991 to visit the Institute of Social Medicine at the Free University of Berlin in Germany. She was among the Twenty Leaders of Science in Korea in 2005 and received the National Medal for Promotion of Science and Technology by Ministry of Science, Korea in 2008. Dr Paik was selected to be a member of the National Academy of Medicine of Korea in 2009. She currently serves as a Councillor of the International Union of Nutritional Sciences and plays a major role in nutrition leadership training in the Asia Pacific Region.

The Asia Pacific Clinical Nutrition Society makes an annual Award to persons who have made exceptional contributions to the health, wellbeing and nutritional status of peoples in the Asia Pacific region. In 2009, Professor Hee Young Paik joins an illustrious line of Awardees since the first recipient in 1993, Professor Tu Giay of Vietnam.

Citation By  
Mark L Wahlqvist  
Editor-in-Chief  
APJCN

# Asia Pacific Clinical Nutrition Society

## Award for 2010

### Dr Wen-Harn Pan

BS (National Taiwan University), MS (Cornell University), PhD  
(Cornell University)



**Dr Wen-Harn Pan, PhD** graduated from the Department of Agricultural Chemistry, National Taiwan University in 1976 and obtained both her MS degree in Nutritional Biochemistry (1979) and her PhD degree in nutrition epidemiology (1983) from Cornell University. She undertook NHLBI post-doctoral training in the fields of cardiovascular epidemiology, biostatistics, nutrition and preventive cardiology at the Department of Preventive Medicine, Northwestern University from 1983 to 1986.

She was appointed an Associate Research Fellow in the Institute of Biomedical Sciences, Academia Sinica, Taiwan, in 1987 and Research Fellow in 1994. She is also an Adjunct Professor of the Institute of Epidemiology and the Department of Biochemical Science and Technology, National Taiwan University. Most recently, she has been appointed to lead the National Health Research Institutes' Nutrition Program with extensive inter-institutional and multi-disciplinary linkages.

Dr Pan established a community-based cardiovascular cohort study in Chu-Dong and Putze (abbreviated as CVDFAC TS) in 1989. She has led the Nutrition and Health Survey in Taiwan since 1992 and has completed four national surveys. The national data are archived in the Center of Survey Research in Academia Sinica for promoting secondary data analysis. The survey findings have been included in three special journal issues: one published by Nutritional Sciences and the other two by the Asia Pacific Journal of Clinical Nutrition. She has also established the Han Chinese DNA and Genome Bank which is an open-domain facility for gene-mapping of important diseases in Han Chinese. Dr Pan has more than 150 publications in international journals of nutrition, cardiovascular epidemiology, and genetics.

She was awarded the Outstanding Research Award by the Taiwan Society of Nutrition in 2004 and has served on various national and international committees concerned with Nutrition policy, collaborative cardiovascular epidemiology and genomic research. For example: she has been a Taiwan Department of Health Food and Nutrition Council member, chairperson of the nutrition evidence and policy section in the Healthy Taiwan 2020 initiative, and a Board Member of the Asian Pacific cohort study collaboration. She also serves on several editorial boards of international journals and as a grader for the American Heart Association meetings and grant reviewer for various foreign research foundations such as the National Heart Foundation of Australia, Wellcome Trust Foundation, and Research Grants Council (RGC) of Hong Kong.

Wen-Harn Pan exceeds the expectations of an Asia Pacific Clinical Nutrition Society awardee in her contributions to the nutritionally-related health and well-being of peoples in the Asia Pacific region. The Society is privileged that she is the 2010 recipient of its annual award. (<http://www.apcns.org.cn/Award.html>)

Citation By  
Mark L Wahlqvist  
Editor-in-Chief  
APJCN

## **Asia Pacific Clinical Nutrition Society Award in 2011**



**Dr. Junshi Chen MD (Beijing Medical College), China**

Dr. Junshi Chen was graduated from the Beijing Medical College in 1956 and engaged in nutrition and food safety research for more than 50 years at the Institute of Nutrition and Food Safety, Chinese Center for Disease Control and Prevention (the former Chinese Academy of Preventive Medicine), Beijing.

Because of his outstanding research in the selenium and Keshan disease during period 1968-1976, he received the Schwartz International Award in 1984. He has also conducted large epidemiologic studies on diet, nutrition and chronic diseases, in collaboration with Dr. T. Colin Campbell, Cornell University and Prof. Richard Peto, University of Oxford since 1983. From late 1980's, he conducted a series of studies on the protective effects of tea on cancer, including laboratory study and human intervention trials. He is the member of the expert panel who wrote the WCRF/AICR report "Food, Nutrition and the Prevention of Cancer: a Global Perspective" (1997). Recently, he was appointed as the Chair of the Chinese National Expert Committee for Food Safety Risk Assessment and the Vice-Chair of the National Food Safety Standard Reviewing Committee. Internationally, he serves as the chairperson of the Codex Committee on Food Additives (CCFA), member of the WHO Food Safety Expert Panel and Director of ILSI (International Life Sciences Institute) Focal Point in China.

Dr. Chen's research interests focus on nutrition epidemiology as well as food safety surveillance and risk assessment in the following areas:

- (1) Relationship between diet, nutrition and non-communicable diseases in different geographical areas and population groups in China.
- (2) Food fortification.
- (3) Studies on the protective effect of edible plant (tea, vegetables, fruits, etc.) components on cancer formation with special emphasis on biomarkers and human intervention trial.
- (4) Total Diet Study in China.

His commitment to nutrition scholarship and capacity building in the Asia Pacific region make him a most worthy recipient of the Asia Pacific Clinical Nutrition Society Award for 2011.

## **Lifetime APCNS Award**

### **Founding Professor of Clinical Nutrition & Professor of Clinical Nutrition**

It is with pleasure that the Executive Committee of Asia Pacific Clinical Nutrition Society (APCNS) in 2009 awarded the following persons as Founding Professor of Clinical Nutrition and Professor of Clinical Nutrition (lifetime APCNS award).

#### Founding Professor of Clinical Nutrition (Lifetime APCNS Award)

1. Professor Mark L. Wahlqvist MD (Australia)
2. Professor Vichai tanphaichitr MD (Thailand)
3. Professor Akira Okada MD (Japan)

#### Professor of Clinical Nutrition (Lifetime APCNS Award)

1. Dr. Prasong Tienboon MD, PhD (Thailand)
2. Dr. Widjaja Lukito MD, PhD (Indonesia)

This award is made to distinguished nutrition practitioners who has made exceptional contributions to the health, well-being and nutritional status of communities not only in the Asia Pacific Region but also around the world.

# Professor of Clinical Nutrition

(Lifetime APCNS Award)



## **Dr. Prasong Tienboon**

MD, FRCPedT, BS, MCN (Nutrition), FICN (Nutrition), PhD (Nutrition), GradDipClinSc (Pediatrics), Cert. Pediatrics, Fellow - Pediatrics & Gastroenterology, Cert. Specialist, Clinical Nutrition and Metabolism, Cert. Specialist. Pediatric Nutrition.

Prasong Tienboon was born and raised in Thailand. He undertook his medical training (Doctor of Medicine - MD) at Chiang Mai University in 1976. He received his Board of Pediatrics Certificate of Proficiency from the Thailand Medical Council in 1981 and his Master's Degree in Community Nutrition (MCN) from the University of Queensland, Australia in 1984. He then pursued his post-graduate degree in nutrition at Deakin University, Australia (1991) in conjunction with an Internal Medicine specialist training in Clinical Nutrition and Metabolism at the Monash Medical Centre, Melbourne, Australia. He received his fellowship training in Pediatrics and Gastroenterology at Royal Children Hospital, in Melbourne

After his studies in Australia, he returned to Thailand and became an Associate Professor at the Chiang Mai University, his former alma mater, in 1993 and was certified as Specialist in Pediatric Nutrition from the Royal College of Pediatricians of Thailand in 2010. He is now Head of the Division of Nutrition and Nutrition Research Center, Department of Pediatrics, Faculty of Medicine at Chiang Mai University where he still practices as a Pediatrician and Medical nutritionist. He received the prestigious Knight Grand Cordon (first class) of the Most Noble Order of the Crown of Thailand from His Majesty King Bhumibol Adulyadej in 2009 in recognition for his outstanding and long public service that started since 1978. He maintains 3 blog sites (<http://cmunut.bigbig.com>, <http://prasong.bigbig.com> & <http://tjcn.bigbig.com>) where you can find his latest research. He was a founder of the Asia Pacific Public Health Nutrition Association (APPHNA).

He currently holds the following positions:

1. President of the Asia Pacific Clinical Nutrition Society (APCNS), 2005-2011
2. President of Thai Clinical Nutrition Society (TCNS), 2005-Present.
3. Editor-in-Chief of the Thai Journal of Clinical Nutrition (TJCN), 2007-Present.
4. Editorial Board of the Asia Pacific Journal of Clinical Nutrition, 1995-Present.

5. Chairman, Scientific Program of the Parenteral and Enteral Nutrition Society of Asia (PENSA), 1995-Present.
6. Executive Committee Member: Pediatric Nutrition Society of Thailand (PNST), 1998-Present

He has received the following citations:

1. Honorary Professor in Clinical Nutrition from the International College of Nutrition (ICN) in 1997.
2. Adjunct Professor of Pediatrics. Department of Pediatrics, Faculty of Medicine, Louisiana State University, United States in 1997.
3. Marquis's Who's Who in Medicine and Healthcare. New Providence, NJ, United States of America, 2002-2003 (4<sup>th</sup> edition), 2004-2005 (5<sup>th</sup> edition).
4. International Healthcare Professional of the Year 2003. International Bibliography Centre (IBC), Cambridge, England.
5. Marquis's Who's Who in the World. New Providence, NJ, United States of America, 2010 (27<sup>th</sup> edition) and 2011 (28<sup>th</sup> edition).
6. Marquis's Who's Who in Science and Engineering. New Providence, NJ, United States of America, 2011-2012 (11<sup>th</sup> edition).

He has also authored and co-authored the following publications:

1. Parenteral and Enteral Nutrition (Tienboon P, Chuntrarasakul C, Siltham S, Chockvivatanavanich S.) Bangkok: Ruenkaew Karnpim, 1997 (ISBN: 974-7445-83-2)
2. Nutrition for Thai Children in the 21st Century (Tienboon P.) Bangkok: ZEN Graphic Press, 1998 (ISBN: 974-89926-8-3)
3. Nutrition and Metabolic Support in Medical Practice (Tienboon P, Chuntrasakul C, Siltham S, Yamwong P, Chockvivatanavanich S.) Bangkok: Ruen Kaew Press, 1998 (ISBN: 974-7449-04-8)
4. Nutrition Support Team in Clinical Nutrition (Yamwong P, Nimmanwuthipong T, Chockvivatanapanich S, Kaewthanom S, Tienboon P.) Bangkok: (Society for Parenteral and Enteral Nutrition of Thailand) Pumthong 2000 (ISBN: 974-87783-1-2)
5. Nutrition Support Team in Specific Diseases: Role of the Team (Yamwong P, Kaewthanom S, Tienboon P.) Bangkok: (Society for Parenteral and Enteral Nutrition of Thailand) Pumthong 2000 (ISBN: 974-87770-2-2)
6. Fighting Against Malnutrition in the Hospital (Tienboon P.) Chiang Mai: Chotana Print, 2001 (ISBN: 974-88299-2-8).

He has published more than 400 papers in scientific journals and magazines worldwide with topics as diverse as: Pediatrics and Adult Nutrition, Nutrition and Body Composition Assessments, Tienboon's Classification, Enteral and Parenteral Nutrition, Dietary Supplements, Protein Energy Malnutrition, Obesity, Nutrition and HIV Infection, Nutrition in Thalassemia, Iron and Thyroid Function, Nutrition in Hill Tribe Children, Nutrition and Fatty Liver Disease. He gave more than 500 public lectures and presented more than 100 scientific papers in the international and local conferences. He was appointed as reviewer for several medical journals such as Asia Pacific Journal of Clinical Nutrition, Pediatrics, European Journal of Clinical Nutrition, Archives of Medical Research, Journal of Trace Elements, Minerals and Biology. He is currently a member of several societies such as Thai Medical Council (TMC), Society of Pediatrician of Thailand (SocPedT), The Royal College of Pediatricians of Thailand (RCPedT), Society

of Parenteral and Enteral Nutrition of Thailand (SPENT), Nutrition Society of Thailand (NST), Asia Pacific Clinical Nutrition Society (APCNS), Asia Pacific Public Health Nutrition Association (APPHNA), Parenteral and Enteral Nutrition Society of Asia (PENSA), American Society for Parenteral and Enteral Nutrition (ASPEN), Thai Society for the Study of Obesity (TSSO), International College of Nutrition (ICN), Pediatric Nutrition Society of Thailand (PNST), Federation of the Pediatric Nutrition Organizations of Asia (FPNOA) and Thai Clinical Nutrition Society (TCNS).

It is with pleasure that the Executive Committee of Asia Pacific Clinical Nutrition Society (APCNS) in 2009 awarded him a Professor of Clinical Nutrition (lifetime APCNS award). This award is made to distinguished nutrition practitioners who has made exceptional contributions to the health, well-being and nutritional status of communities not only in the Asia Pacific Region but also around the world. Indeed, Dr. Prasong Tienboon meets these criteria admirably.